



Sunday Takeaways August 16, 2020

The following are discussion questions based on the sermon by Pastor Laura Allen Kerlin entitled “Depleted.” This sermon was preached on August 16th. These questions can be used as a resource to guide discussion after viewing the message from our pastors. We hope these will be a great resource for you as you come together to dig deeper into God’s word.

1. What is one main “takeaway” you gleaned from Pastor Laura Allen’s sermon?
2. What insights and/or questions did you find in the Isaiah 40:36-31 passage?
3. What has caused you the most anxiety during this time of isolation and social distancing?
4. What are some things that have helped you cope with that anxiety?
5. In what ways are the things the Israelites experienced while in exile similar to what we are currently experiencing?
6. Have you ever felt that God was ignoring you? How has that affected your relationship with God?
7. Have there been times when God showed up in the midst of your grief to comfort you? How/when?
8. What are some things within your control that, if you chose to do them, would produce positive results?

Scripture References:

Isaiah 40:26-31;

Jeremiah 29:10-14;

Romans 8:18,28,31-39;

Philippians 4:6-9;

Matt. 11:28-30