



# Sunday Takeaways April 19, 2020

The following are discussion questions based on the sermon, Good News, in our Peace sermon series on Sunday, April 19th. These questions can be used as a resource to guide discussion after viewing the message from our pastors. We hope these will be a great resource for you as you come together to dig deeper into God's word.

1. What do you think was the main point of Pastor Laura Allen's "Peace" sermon?
2. How would you define "peace?" Have you ever experienced it? (share)
3. What do you think Pastor Laura Allen meant by, "We have started to equate 'treating ourselves' with self care?"
4. What is the Hebrew concept of "Shalom" and how would it change how we find true rest?
5. What does Matthew 11:28-30 teach us about true rest?
6. What do you think was God's true intent for creating and commanding the observance of the "sabbath?"
7. What are some ways that you might be able to find peace and rest through the practice of God's true intent for the sabbath?

## Scripture References:

Genesis 1:27-2:2

Matthew 11:28-30; 12:10-12

Mark 2:23-27